**Diolaze*XL* Procedure Instructions**

**Pre-Treatment Preparations**

* Avoid any type of tanning 4 weeks prior to treatment including self-tanning products.
* Avoid any waxing or tweezing for 6 weeks prior to treatment
* Avoid irritant topical agents (retinols) or anything that will cause skin irritation for 7 days before treatment.
* Avoid anticoagulants (aspirin) for 10 days prior to treatment.
* **Arrive for your procedure with clean skin.** There should be no lotion, make-up, perfume, powder, or bath/shower oil present on the skin in the area to be treated.
* **Shave the night before or morning of your procedure.**
* You may take 2 extra strength Tylenol 30 minutes prior to your procedure.

**Post-Treatment Care**

* Apply sun block SPF 30+ at all times for 6 weeks following treatment.
* Moisturizer may be applied after each treatment.
* Make-up may be applied immediately after the treatment.

**Treatment Schedule**

* The number of treatments typically varies from 3-10 sessions every 4-8 weeks.
* There are longer intervals for body hair (6-8 weeks) than for facial hair (4-6 weeks) in the first 3 treatments. In subsequent sessions the intervals on the face may increase to 8 weeks and on the body 10-12 weeks. Legs may require 15 week intervals.
* The best timing for additional sessions is when hair regrowth is observed.
* Lighter and deeper hairs, as well as hormonally-controlled areas, such as chin, are more resistant and may require more treatment sessions.
* Touch-up treatment session may be needed for sporadic new hair growth due to individual physiological processes.

We know you will love your transformation.

Sharing progress pictures is encouraged and can be texted to 225.269.2610.

Thank you for allowing me to help take care of your skin.

We are here if you have any questions.